Market Update: October 7, 2024



"Canadian Grown"

Gala Apples, Paula Red Apples, Mac Apples, Crispin Apples, Ginger Gold Apples, Beets, Cabbage, Celery Root, Cucumber English, Mushrooms, Parsnips, Micro Sprouts, Bean Sprouts, Potatoes (Yukon, White, Russet), Hot house tomatoes, Strawberries, Rhubarb, Zucchini, Broccoli, Corn, Lettuce (Romaine, Iceberg, Greenleaf), Celery, Squash (Butternut, Pepper, Buttercup and many more)

**PROBLEMS WITH THE PORT STRIKES CITRUS AND TROPICAL CATEGORY REALLY AFFECTED WITH DELAYS **

Apples

USA Honeycrisp, Cosmic Crisp, Gala, Red Delicious, Granny smith are available *Local* apples available: Gala, Crispin, ainger gold, Empire, Paula Red all SPO

Pears

Bartlett are product of USA, Bosc and Anjou are special order,

Melons

Cantaloupes, honeydews, and Watermelons are product of USA.

Grapes

Red and Green Grapes are product of USA, Black grapes SPO

Kiwi

port strike affected Green Kiwi product of New Zealand, Golden Kiwi is SPO.

Mangoes

Mangoes Product of Mexico, ataulfo Mangoes small gap in the season.

Oranges

port strike affected 88 and 105 oranges are product of South Africa, limited availability

LemonsProduct of South Africa Quality is excellent on both 115 and 30 count Lemons

Limes

Product of Mexico, both 48 and 230 count

Clementines

port strike affected Product of South Africa, both 22lb and 15x2lb are available, , limited availability Pineapple

port strike affected Product of Costa Rica, , limited availability

Blackberries/Raspberries/Blueberries/Strawberries

Blackberries, Raspberries are product of USA/Mexico

Alert Blueberries are product of Peru, we are now into half Pints

Strawberries are product of California, local Field Strawberries are available SPO only

Bananas

port strike affected Product from Guatemala, Plantain (Green and yellow) are SPO

Stone fruit

Peaches and plums are available product of the USA, Local Product now finished

Avocados

Alert Product of Mexico, Both 12's and 48's are available

Good Buys for the Week!

Honeycrisp Apples
Gala Apples
Strawberries
Pineapple
Local Yellow, Red, Orange Peppers
Local Butternut Squash
Brussel Sprouts
Green Zucchini

Broccoli

Local Broccoli 18s, Broccoli Crowns are product of Canada, Cost on the Rise

Cauliflower

Product of USA

Cabbage

Local Red and Green Cabbage are now available Product of Canada, Savoy Cabbage is SPO

Eggplant

Local Eggplant product of Local/USA

Brussels Sprout

Product from USA/Mexico

Asparagus

Alert Product of Peru/Mexico 11lb case

Beans

Local Green Beans are product of Local Cost coming down

Peppers

Local Red, Yellow and Orange, Rainbow are product of Ontario, Green Peppers are product of Canada

Bunches

Local Kale, Chards, Bunched Radishes, Collard, Dandelion are now Product of Canada, Local Basil Crate also available Celery

Local Product of Canada

Seedless Cucumbers

Alert *Local* Greenhouse Ontario English cucumbers

Lettuce & Greens

Local Romaine, Romaine Hearts, Iceberg and Green Leaf lettuce, Last weeks of Local Product.

Processed Lettuce

Product is now from Salinas, Cost have come back to normal

Hot House & Vine tomatoes

Local Product of Canada, Red Tomatoes on the Vine, and heirloom tomatoes are currently SPO

Tomatoes

Local Grape Tomatoes/ Mix Medley/Cherry on the vine Tomatoes are product of Canada Round Tomatoes are Product of USA

Onion/ Carrots

Red, Spanish, White, Sweet and cooking Onions are Product of USA, Green onions are Local Carrots are product of Mexico, we also have available 2lb and 5lb carrots

Sauash

Butternut, Acorn/Pepper, Spaghetti, Buttercup are product of Ontario

Corn

Local Corn is product of Canada, Last Weeks of local Product

Zucchini

Local Green and yellow product of Ontario, Local Zucchini Flowers are available

Potatoes

Canadian currently carrying Russets and New crop Yukon Gold Potatoes, Mini "B" white and red Potatoes also available

